

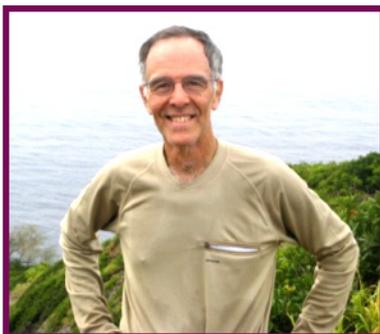
HCOA Vision: Age with Honor. HCOA Mission: Help older individuals live independently with dignity.

## Hawai'i County Office of Aging Report June 2019 Hawai'i County Outstanding Older American Representatives

Hawai'i will celebrate Outstanding Older Americans statewide when county representatives attend the fabulous occasion on June 7th to honor our esteemed kupuna. The Administration for Community Living's annual tribute is very meaningful as it gives communities a way to honor and revere individuals who connect, create and contribute (this year's theme)



in their daily lives. They are stunning, big-hearted, action-oriented people who greatly enhance individual and community life regularly. Hawai'i County's female and male representatives are presented here with just an excerpt of their outstanding achievements. They are an inspiration to us to follow their lead and connect, create and contribute to our communities.



**Jim Waddington,  
Kamuela**

Originally from New Jersey, Jim has lived in Hawai'i since 1981. After teaching at Hawai'i Pacific University and being treasurer of his condominium association and Reading is Fundamental for years on Oahu, he moved to Waimea. He led hikes for the Sierra Club Oahu Group and spent extensive time volunteering at Papahānaumokuākea Marine National Monument. Jim is very active in the Waimea Seniors Club, having served as its Community Representative to the Waimea Community Association and participating in its ukulele ensemble, a new pursuit as he is always evolving. He is fully immersed in many programs: the Hawai'i Wildlife Center in Kapa'au, St. James Episcopal Church's Community dinner, Friends of Anuenue Playground's ambitious building project, and numerous natural resource organizations such as Mauna Kea Forest Restoration Project, Waikoloa Dry Forest Initiative, The Nature Conservancy's Kiholo Fishpond, Pu'uwa'awa'a, and Kohala Watershed Partnership. Much work consists of invasive plant removal or planting native species. The HWC nurse's sick native species back to health. Jim is a very vibrant life force that advances the well-being of all life in Hawai'i County. Outstanding Jim.



**Lora C.  
Akase-Nagle,  
Ocean View**

Aunty Lora is the perfect example of kupuna wisdom, knowledge and experience in Hawai'i. She dances worship hula at her church, the Evangelical Church in Hawai'i, and helps in fundraising and welcoming newcomers. Aunty Lora also cultivates culture performing hula dance and storytelling at special events with Hannah's Makana Ohana (the most senior dancer at 88 years old,) the Ka'u Coffee Festival, the Hulihe'e Palace in Kailua-Kona, and many community events. People of all ages are grateful to learn to dance hula and to make hakus and lei po'os from Lora's caring and expert mentorship. The Ocean View Senior Club and community deeply appreciates Aunty Lora's daily dedication to help set-up and clean the senior center so everyone may enjoy events and share meals. A bonus is Aunty Lora's great homemade mochi. Aunty Lora's secret to long life is to keep moving and never stop challenging yourself. Clearly Aunty Lora is an outstanding example of graciously lending your talents to benefit your community, and all benefit from her example on how to live a full and joyful life. And thank you for sharing your valuable wisdom to be the best we can be, Outstanding Lora.



HCOA programs are funded by the County of Hawai'i, the State Executive Office of Aging, and through Older Americans Act Title III funds.  
Silver Bulletin Editor: Mary McLaughlin



## Kupuna Needs Surpass Funding

In 2016, at one of my staff meetings I remember asking my case management staff to join me in an experiment to see what would happen if we take the mandate of providing “person-centered” and “needs-based” services to “all” eligible clients while preventing a waitlist?

In the past two years, we've done just that and our kupuna and their families have appreciated the quick response time and flexibility in eligibility. We've even expanded the length of services from three months to an average of six months and beyond if needed, and we adopted a policy of providing the first month of services for every eligible participant to help the caregiver navigate the system regardless of income. We've also expanded our meals program for homebound seniors, and increased our support for day care from an average of two days a week to four days a week. So, where has this approach taken us?

Well, our planners who are skilled at forecasting have informed me that if we continue with this approach, come 2020 the needs of kupuna will surpass the funding. This could result in a number of changes such as: a) tightening up eligibility criteria, b) training case managers to better connect and encourage the use of informal supports, c) create a new eligibility group called the “needy of the needy”, d) limit services, e) revisit program costs by considering other equally effective models of care (like the use of care-coordinators in-house), and f) accepting the reality that funds dictate the amount of services we can provide.

The increased need for in-home services, home delivered meals, and case management

services are expressed by a simple look at July 2017 when we were spending about \$125k per month, and then two years later in March 2019 when we spent about \$200k per month. This shift in monthly spending tells us three things: a) the number of seniors who need services are increasing, b) seniors that we are serving have more chronic illnesses now than they did before, and c) seniors are simply living longer with diseases that would have been fatal in years prior.

The good news is that our legislature is aware of the growing needs of our senior population and as a result have provided additional funding for care recipients and caregivers. This continual funding will be helpful but still not enough. The key is to get the federal government to match what the state is providing because the feds have been super neglectful in funding states and we are now feeling the pinch.

In the meantime, we have implemented a prioritization protocol which puts seniors who are most at-risk for institutional care at the top of the wait list. Therefore, if you find that your loved-one are waiting for in-home services from our contracted providers, please know that the growing needs have surpassed the funding and we are doing everything we can to work around it.

Sincerely,



C. Kimo Alameda, PhD.  
Executive  
Office of Aging



# Low Income Home Energy Assistance Program (LIHEAP)

The Hawai'i Low Income Home Energy Assistance Program (LIHEAP) provides heating and cooling to needy Hawai'i households by assisting with one-time payments toward their utility bill (electric or gas) in two ways: **Energy Crisis Intervention (ECI)** - is a crisis program to assist households who are on the verge of utility termination or has been terminated. **Energy Credit (EC)** - non-crisis program to assist household with the heating and/or cooling of their residences with bill payment. This program has a limited application period, currently closed until June 2019.

**Eligibility Requirements:**

- Household members must be a U.S. citizen or a Lawful Permanent Resident.
- All adults must sign the application and provide a picture ID.
- All household members over one year must provide a social security card.
- You must have a place of residence.
- You must be responsible for an electric bill and/or gas bill.
- Your income must be below 150% of the Federal Poverty Level.

Hawai'i County Economic Opportunity Council (HCEOC): Visit our website.

Download 2019 LIHEAP Application form here: <http://hceoc.net/forms/>

**WHERE TO GO June 3 - June 28, 2019:**

Office is closed June 11th : Kamehameha Day Holiday.

- Hilo: HCEOC Office (808) 961-2681 ext.108  
47 Rainbow Drive, upstairs conference room, Monday through Friday, 8 a.m. to 1 p.m.
- Honokaa HCEOC Office (808) 775-0628  
45-3380 Mamane St. (behind the Library) Wednesday, Thursday, Friday, 8 a.m. to 1 p.m.
- Kona HCEOC Office (808) 322-3428  
76-6804 Mamalahoa Highway, Holualoa, Monday, Tuesday, Wednesday, 8 a.m. to 1 p.m.
- Naalehu: HCEOC Office (808) 929-9263  
Back of Naalehu Senior Center, Wednesday, Thursday, Friday, 8 a.m. to 1 p.m.
- Oceanview Community Center (808) 939-7033  
92-8924 Leilani Cir, Ocean View, Monday and Tuesday, 8 a.m. to 1 p.m.
- Keaau Community Center  
Back of Keaau Police Station, June 12 to June 21, Monday through Friday, 8 a.m. - 1 p.m.
- Pahoa Community Center  
15-2910 Kauhale Road, June 3, 10 , and 24; Mondays only; 8 a.m. to 1 p.m.

**Be sure to bring the following documents to your interview:**

- Current Electric or Gas Bill. Disconnect Notice required for ECI. If the utility subscriber is different from the applicant and does not live in the household, then they must sign a required form and provide a picture ID.
- Proof of residence - provide a document other than the utility bill that shows your current address. (Example: Rent Subsidy, rental or lease agreement; deed or property tax assessment, if owned.)
- Picture ID for all adults in the home (Drivers license, State ID, or passports).
- Verification of Social Security numbers - bring social security cards for all household members.
- Proof of income - for all household members, bring all that apply. Pay stubs for all jobs since January; Self Employment income and expenses, award letters from Social Security, Welfare, unemployment & SSI, Pension/Retirement statement, etc.
- Proof of Citizenship Status -US passports, Permanent Resident Alien Card and/or birth certificates.
- Vulnerability Point, ONLY IF NO ONE IN THE HOME IS OVER 60 YRS. OLD: Proof of age and/or disability- birth certification for a child 0-5 years, OR verification of receipt of Social Security Disability benefits = 1 point.

HH size	Amount (\$)
1	20,940
2	28,395
3	35,850
4	43,305
5	50,760
6	58,215
7	65,670
8	73,125
Add One	+7,455

If you need information regarding help paying your home energy bill we can help!  
Hawai'i County Economic Opportunity Council

<http://www.hceoc.net/programs/energy/>

HCOA programs are funded by the County of Hawai'i, the State Executive Office of Aging, and through Older Americans Act Title III funds.



Help Yourself, Family, Friends, and Community - All Great!

Yes!

I want to be able to properly care for myself, my family, and my community when disaster strikes.

How does CERT benefit YOUR Community?



impacted by hazards, you need to be prepared. Partnering with emergency response agencies and your community through the CERT Program will help build Community Resilience.

Those individuals that complete CERT training gain a clear

Building Community Resilience Serving Hawai'i County Communities

More on CERT

After completing CERT training, you find your

understanding of the potential threats to their home, workplace, and community and more importantly know what steps need to be taken to properly respond to an emergency to lessen the effects to life and property caused by hazards. Responding to a major disaster could overwhelm local response capabilities. Applying CERT knowledge and skills learned in the classroom and reinforced through hands-on drills and exercise will enable individuals and communities to address immediate needs until professional responders arrive. When help does arrive, CERTs support responder efforts by providing timely and important information to responders. CERTs also support and work on non-emergency projects that help improve emergency preparedness in their community or support volunteer activities at major events.

newly acquired knowledge and skills useful for yourself and your family; should the need arise. What's more, you may want to form or join an existing CERTeam in your community. For more information on forming or joining a CERTeam, please ask your CERT instructor. CERTeam members maintain and refine their skills by participating in exercises and other organized activities. They can attend supplemental training opportunities offered by Hawai'i County Civil Defense and supporting organizations to further their knowledge and skills. Finally, CERT members can volunteer and participate in projects that improve their community. When disaster strikes your area, you will know what to do through CERT. CERT program is sponsored by The Hawai'i County Civil Defense Agency, instruction by Hawai'i County Fire personnel. For more information on CERT, visit <https://www.ready.gov/community-emergency-response-team>.

Why is CERT Important?

CERT training promotes partnering between emergency response agencies and the communities they serve. As resources are limited, building Community Resilience is the key to effective response and quicker recovery. As Hawai'i is the most isolated populated island chain in the world, as 11 of the world's 13 climate zones are found on Hawai'i Island, and as Hawai'i County is #1 out of the 3,140 counties in the USA for the potential to be

The next CERT Training will be held in Puna. Sept. 28, October 5, 12, 19, 2019 Email [hawaiiicert@gmail.com](mailto:hawaiiicert@gmail.com) to sign up for training.



## Kahalu'u Bay Education Center Staff (Part-time)

### Kahalu'u Bay Education Center Staff (Part-time) (Kahalu'u, Hawai'i Island)

#### KEY RESPONSIBILITIES/ESSENTIAL DUTIES:

- Under the general supervision of the KBEC Director, assists in:
- Daily operations of KBEC, including set-up and break-down, daily cash and credit card reconciliation, and daily deposits.
- Reaching retail and rental sales goals.
- Educate widely diverse audiences in Reef Etiquette, informing users of the bay about appropriate behaviors around coral reefs.
- Keep track of inventory and alert Director when items need to be reordered.
- Assure all equipment is in working condition.
- Help monitor on-site activities of volunteers and provide support to new and current volunteers.
- Maintain a pleasant and professional attitude to all visitors and staff at all times and serve as an Aloha Ambassador.
- Use appropriate and polite language and behavior in conversations, instructions, and interactions with staff and visitors.
- Monitor activities in the park. Report incidents of damage, defacing destruction immediately to park supervisor. Report disruptive visitors immediately to police.
- Additional duties may be added.

#### REQUIRED KNOWLEDGE, SKILLS, AND ABILITIES:

- Strong interpersonal and verbal communications skills in English.
- Organizational skills.
- Good listening skills.
- Respectful and humble attitude.
- Retail sales experience.
- Knowledge of the local shore environment.
- Ability to lift items up to 50lbs for set-up and break-down purposes.

#### REQUIRED CERTIFICATES, LICENSES, OR EDUCATION:

- Possess valid and current State of Hawai'i driver's license and clean driving abstract.

#### WORKING CONDITIONS:

- Must be able to work weekday and/or weekend schedule.
- Work is conducted in outdoor, shoreline environment.

EQUIPMENT USAGE: Computer and standard office equipment.

#### TO APPLY:

Please view and apply for current openings on our Employment Portal (registration required) at <https://kohalacenter.org/kbec-staff-pt-042019>. You may save your work and return to complete your application, if necessary. If you experience technical difficulties, please email Cortney Okumura at [cokumura@kohalacenter.org](mailto:cokumura@kohalacenter.org). No phone calls, please.



Are You a Caregiver?

Check This Out!



WAIKOLOA COMMUNITY CHURCH  
 (across from Waikoloa Elementary School)  
 Wednesday mornings, 10:30 a.m. - 12:30 p.m.  
 June 5 - July 17 (no class June 26)



Powerful Tools for Caregivers (PTC) is a free series of six two-hour classes, led by a pair of certified community volunteers and designed to help family caregivers take better care of themselves. For full information, see [www.hawaiicaregivers.org](http://www.hawaiicaregivers.org). This program helps family caregivers:

- Reduce stress
  - Improve self-confidence
  - Communicate feelings better
  - Balance their lives
    - Increase their ability to make tough decisions
    - Learn about resource

The six PTC sessions are held once a week, with a limit of ten participants. Light snacks will be available. Pre-registration is required. To register call Alice Bratton at 323-4392. PTC is presented in West Hawai'i by Hawai'i Community Caregiver Network, which organizes the program and, in collaboration with University of Hawai'i Extension Maui, funds the project and provides class leader training and program evaluation.

Also, this year's Caring for the Caregiver conference features keynote speaker Linda Coble, a longtime TV news anchor on KGMB in Hawai'i. She was married to Kirk Matthews, also a TV anchor who, shortly after his retirement from KHON-TV, developed cancer and died. Linda was his caregiver. She will speak on this year's theme, "Finding Balance." Conference will be Thursday, September 19th at the Sheraton Keauhou Resort.

HAWAI'I COMMUNITY CAREGIVER NETWORK

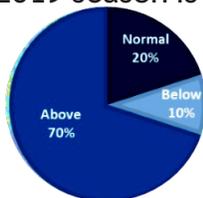
[www.hawaiicaregivers.org](http://www.hawaiicaregivers.org)



Central Pacific Hurricane Center  
 National Weather Service  
 Honolulu, Hawai'i



Central Pacific Hurricane Season 2019 Outlook  
 June 1st to November 30th  
 Chance of the 2019 season is Above Normal



Five to Eight Tropical Cyclones

Check Your Preparedness

1. Download Hawai'i County Civil Defense Hurricane Preparedness Guide available here: <http://records.hawaiicounty.gov/weblink/1/doc/88600/Page1.aspx>
2. Call or stop by the Hawai'i County Office of Aging (contact information on back page of newsletter) for the Disaster Preparedness for Hawai'i County Seniors and Caregivers booklet.



## Advanced Health Care Directives and Building Community

### Community First—Advanced Health Care Directives

An Advance Health Care Directive is something that every adult, regardless of health status, should prepare and share with family members, loved ones and the doctor. It is a legal document that allows you to choose someone who your doctor will be able to consult regarding medical treatments you would --and would not-- want if you are unable to speak for yourself.

Learn about Advance Health Care Directives by attending any one of Community First’s free monthly workshops which are held at:

Hawai‘i County Aging and Disability Resource Center, 1055 Kino‘ole Street, Hilo.

Wednesday, June 19th from 9:00 a.m. to 10:30 a.m.

Saturday, July 13th from 9:00 a.m. to 10:30 a.m.

Register online at <https://www.communityfirsthawaii.org/ahcd-registration> or by calling Tony Kent (808) 292-4559 or Amy Hamane 935-1500.

Hawai‘i County Civil Defense is holding a Disaster Preparedness Fair in West Hawai‘i on June 22nd, from 9:00 a.m. to 2:00 p.m. at the West Hawai‘i Civic Center, 74-5044 Ane Keohokalole Highway, Kailua. There will be over 30 emergency response agencies with booths and formal presentations from NOAA (2019 Hurricane Season) and HVO (2018 Eruption). This is a great place for folks to learn about emergency preparedness and find out how to get involved.

KTA Super Stores is now offering  
**Diabetes Self-Management Education Classes**

Classes are covered by most insurance plans and are American Association of Diabetes Education (AADE) Certified. Learn to reach your health goals and manage your diabetes!  
Hilo - Call East Hawaii IPA at (808) 797-3113  
Kona - Call KTA Pharmacy at (808) 959-2888



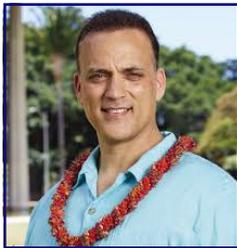
**KTA PUAHAKO, HILO** 808-959-8700 **KTA WAIKOLOA VILLAGE** 808-883-8434  
**KTA WAIMEA** 808-885-0033 **KTA KEAUHOU** 808-322-2511

### June 2019 CSE Senior ID Card Schedule

Date	Day	Time	District	Location
3	Monday	10 a.m. to 12 p.m.	Kohala	Kohala CSE "Old Bank of Hawai‘i Building"
3	Monday	1 p.m. to 3 p.m.	Hilo	Kamana Senior Center
4	Tuesday	9 a.m. to 12 p.m.	Kona	Walmart, Kailua-Kona
4	Tuesday	1 p.m. to 3 p.m.	Puna	Pāhoa Senior Center
5	Wednesday	1 p.m. to 3 p.m.	Honoka‘a	Hale Hau‘oli Senior Center
5	Wednesday	1 p.m. to 3 p.m.	Puna	Kea‘au Community Center
7	Friday	9 a.m. to 12 p.m.	Kona	Kona Commons McDonald’s
17	Monday	9 a.m. to 11 a.m.	HOVE	St. Jude’s Church
26	Wednesday	9 a.m. to 12 p.m.	Kona	West Hawai‘i Civic Center, Building B



HCOA ADRC  
 1055 Kino'ole Street  
 Suite 101  
 Hilo, HI 96720



HCOA ADRC East Hawai'i  
 1055 Kino'ole Street  
 Suite 101  
 Hilo, HI 96720  
 HCOA Phone: 808 961-8600  
 ADRC Phone: 808 961-8626

**C. Kimo Alameda, Ph.D.**  
 Executive on Aging

HCOA ADRC West Hawai'i  
 74-5044 Ane Keohokalole Highway  
 Building B  
 Kailua-Kona, HI 96740  
 HCOA Phone: 808 323-4390  
 ADRC Phone: 808 323-4392



**Mayor Harry Kim**

Statewide ADRC Phone: 808-643-2372

**EAST HAWAI'I**

Luana Ancheta-Kauwe Information & Assistance Clerk  
 William Farr, III Information Systems Analyst IV  
 Kelli A. Figueira Clerk III  
 Cherine Pai Aging & Disability Services Specialist I  
 Clayton Honma Aging Program Planner III  
 Keola Kenoi-Okajima Aging Program Planner II  
 Kalen Koga Information & Assistance Clerk  
 Kori Koike Smith Aging & Disability Services Specialist I  
 Nicolas Los Baños Aging & Disability Services Manager  
 Leilani DLG Westergard Aging & Disability Services Specialist I  
 Christina Raine Administrative Assistant  
 Wesley Tanigawa Aging & Disability Services Specialist II  
 Jolean Yamada Aging & Disability Services Manager  
 Patricia Yamamoto Senior Training & Employment Program

Alice Bratton  
 Bernadette Canda  
 Lisa Diaz  
 Debbie Wills

Irene Kauwe  
 Carol De Lima  
 Laraine Kawasaki

**WEST HAWAI'I**

Aging & Disability Services Specialist I  
 Information & Assistance Clerk  
 Aging & Disability Services Specialist I  
 Aging Program Planner II

**RSVP and Volunteers  
 West Hawai'i**

Cheryl Sugiki  
 Wanneta Wilson

**East Hawai'i**

Katie Kosora  
 Nu'u McKeague

