



EMERGENCY/DISASTER TRAINING – PLANNING SESSIONS

The Aging and Disability Resource Center is offering a free training to assist Kupuna, people with disabilities and caregivers to develop a person centered emergency plan.

This training program includes:

1. Information to help best plan for emergencies or disasters.
2. A Person Centered Emergency Planning Workbook and support to complete workbook
3. Information and items to start your home emergency preparedness kits.

If you are interested in learning more about this training opportunity or would like to schedule a training for yourself or a group, please Contact Meredith Catalini @ 808-961-8986.

This program is available island wide.

This program was funded in part by the County of Hawai'i, Hawai'i State Executive Office on Aging, and through federal CARES ACT funding

Objective: To help connect people to resources in times of need

**“Planning is bringing the future into the present so that you can do something now”
Alan Lakein**

This is a free program offered by ADRC

AGING AND DISABILITY RESOURCE CENTER

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