



INDIVIDUALIZED EMERGENCY SUPPORT PLAN DEVELOPMENT

The Aging and Disability Resource Center is offering a free training to assist Kupuna with developing a person centered emergency plan. Training includes support with developing a written plan and completing an emergency kit for your home. Plan and kits will include information and supplies to aid Kupuna through a pandemic, natural disaster or other emergencies. Plan development will help facilitate support from community resources.

Kupuna and/or their caregivers can sign up for this free training by calling the Aging and Disability Resource Center. Training includes:

1. Online pre-recorded training @ www.hcoahawaii.org
2. 1:1 session with an Aging and Disability Specialist providing individualized support to help complete plan and kit
3. Participants will receive a free Support Plan workbook, free emergency kit bag and kit starter items

This program is available island wide while supplies last.

This program was funded in part by the County of Hawai'i, Hawai'i State Executive Office on Aging, and through federal CARES ACT funding

**Contact ADRC to
Register 961-8626**

**Why: To help
connect people to
resources in times of
need**

**Planning is
bringing the future
into the present so
that you can do
something now.
Alan Lakein**

**This is a free program
offered by ADRC**

**AGING AND DISABILITY
RESOURCE CENTER**

1055 Kino'ole Ave
Hilo Hawai'i, 96720
808-961-8626

